

# JOHN BENNYS

#### LIGHT BITES

# Soup of the day

5.5

Ask your server. Homemade soup with our brown bread. 9

Local Cromane Mussels



15.5

In white wine & garlic cream sauce. with our brown bread. 7,12,13

-Add cup of Chips €3.5

## Creamy Seafood Chowder

Our rich and creamy chowder with Éilís's brown bread. 4,6,7,9,12,13

6x Raw Oysters



14.5

Local Glenbeigh oysters over ice with a side of shallot & sherry vinegar. 12,13

#### MAINS

#### JB's Fish & Chips

17.5

Fish of the day in our Beer batter. Served with with peas, homemade tartare sauce, fries & salad. 1,3,4,6,7,9,10

John Benny's Fish Pie



**17.5** 

Salmon, Cod, Smoked Haddock in white wine cream sauce topped with mashed potato. Served with chips & salad. 1,4,6,7,9,10,12

Strand street Chicken Salad 🧨 14



Marinated pan fried chicken pieces on seasonal salad. Topped with seeds and 6,10,11,12 soy dressing.

#### ON THE GRILL

Chargrilled 8oz Sirloin Steak 26



Sauteed Mushrooms & Onions, Mash & herb roasted carrots. Pepper sauce or Garlic Butter. 7,9,10,12

Beef & Guinness Stew



**17.5** 

Beef strips braised slowly in Guinness with root vegetables. With creamy mash & garlic bread.

1,7,9,12

#### Weekly Risotto



17.5

Ask your server. Arborio rice cooked with homemade stock and glazed with Goats cheese. 7,9,10,12

Aromatic Curry



A mild aromatic curry with seasonal vegetables. Served with basmati rice, mango chutney & poppadoms. 7,9,10,13

-Chicken

18

-Cauliflower 🗸

17

Suzi's Tagine



17.5

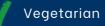
1, 12

Vegetable Tagine with squash, carrots, peas and apricots. Served with lemon couscous.

All our Beef is 100% Irish

NO SPLIT CHECKS PLEASE.







## SANDWICHES - (UNTIL 5PM)

The Classic Toastie

10

Crab & Prawn Wrap

15

Home baked Ham, melted cheddar, onion, tomato. With chips and salad. 1,6,7,9,10,12

Tortilla with Marinated prawns and fresh crab wrapped with crunchy lettuce, celery, mayo and guacamole. Served with salad Garnish. 1,2,3,9,10,12

Falafal Wrap 🕜



11.5

Our homemade falafels with iceberg lettuce, red onion marmalade and Suzi's Avocado ranch dressing.

1,6,10,11,12

# Add a cup of soup or chips to your sandwich = €3.5

#### KIDS MENU (u14)

1,3,7

*3,7,8* **6.50** 

Sausages & Chips

Chicken Goujons & Chips

7.5

8

Warm Apple Sponge Cake 1,3,7 **6.50** 

Penne Pasta in Tomato Sauce 1

Kids 12" Pizza

1,6,7

JB's Bread & Butter Pudding 1,3,7 **6.50** 

DESSERTS

Sticky Toffee Pudding 🧨

10

7.5

Cappucino Choc Mousse 1,3,7,8 **6.50** 

Choose 2x toppings:

Ice Cream Selection

*3*,*6*,*7* **6.50** 

Ham, Mushroom, Pepperoni, Corn Extra topping €1

Vegan Lemon Cheesecake 1

Kiddies 1xScoop Ice Cream 3,6,7 2.50

6.50

#### SIDES

Thick cut Fries

Mash 7

House side Salad 3,9,10,12

Herb roasted carrots 7,10

#### **COFFEE BAR**

Espresso

**Americano** 

2.50

3

Cappuccino/Latte

Mocha/Hot Chocolate

3.50

3.50

# DIPS

House Tartare 3,10,12 1.5 Garlic Mayo 1 3,10,12 1 Vegan Mayo 1.5

Herbal Tea Irish Coffee

Barrys Tea

2.50 3

7

Pepper sauce 1,7,9,10,12 Sweet chilli

Baileys Coffee/Hot Chocolate 7 Dingle Single Malt Coffee 10.50

Blue Cheese Dip <sub>1,3</sub>

1 1

Allergens: 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soya, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphur Dioxide, 13-Molluscs

**WIFI: JB GUEST** PW: JBwifi123